Summary of Benefits and Coverage: What this Plan Covers & What it Costs Coverage for: Individual/Family | Plan Type: CDHP



This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at <a href="https://www.anthem.com">www.anthem.com</a> or by calling 1-800-295-4119.

Important Questions	Answers	Why this Matters:
What is the overall deductible?	\$3,000 Single/\$6,000 Family for Network Providers. \$3,000 Single/\$6,000 Family for Non-Network Providers. Network Provider and Non-Network Provider deductibles are separate and do not count towards each other.	You must pay all the costs up to the <u>deductible</u> amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the <u>deductible</u> starts over (usually, but not always, January 1st). See the chart starting on page 2 for how much you pay for covered services after you meet the <u>deductible</u> .
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services, but see the chart starting on page 2 for other costs for services this plan covers.
Is there an <u>out-of-</u> <u>pocket limit</u> on my expenses?	Yes. <b>\$3,000</b> Single/ <b>\$6,000</b> Family for Network Providers. <b>\$6,000</b> Single/ <b>\$12,000</b> Family for Non-Network Providers. Network Provider and Non-Network Provider out-of-pocket are separate and do not count towards each other.	The <u>out-of-pocket limit</u> is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the <u>out-of-pocket</u> <u>limit?</u>	Premiums, Balance-billed charges and Health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket</u> <u>limit</u> .
Is there an overall annual limit on what the plan pays?	No.	The chart starting on page 2 describes any limits on what the plan will pay for <i>specific</i> covered services, such as office visits.
Does this plan use a <u>network</u> of <u>providers</u> ?	Yes. See <u>www.anthem.com</u> or call 1-800-295-4119 for a list of Network Providers.	If you use an in-network doctor or other health care <b>provider</b> , this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network <b>provider</b> for some services. Plans use the term in-network, <b>preferred</b> , or participating for <b>providers</b> in their <b>network</b> . See the chart starting on page 2 for how this plan pays different kinds of <b>providers</b> .
Do I need a referral to see a specialist?	No. You don't need a referral to see a specialist.	You can see the <b>specialist</b> you choose without permission from this plan.

Questions: Call 1-800-295-4119 or visit us at www.anthem.com.

If you aren't clear about any of the underlined terms used in this form, see the Glossary. You can view the Glossary at <a href="https://www.cciio.cms.gov">www.cciio.cms.gov</a> or call 1-800-295-4119 to request a copy.

Important Questions	Answers	Why this Matters:
Are there services this	Yes.	Some of the services this plan doesn't cover are listed on page 6. See your policy or
plan doesn't cover?	168.	plan document for additional information about excluded services.



- Copayments are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- <u>Coinsurance</u> is *your* share of the costs of a covered service, calculated as a percent of the <u>allowed amount</u> for the service. For example, if the plan's <u>allowed amount</u> for an overnight hospital stay is \$1,000, your <u>coinsurance</u> payment of 20% would be \$200. This may change if you haven't met your <u>deductible</u>.
- The amount the plan pays for covered services is based on the <u>allowed amount</u>. If an out-of-network <u>provider</u> charges more than the <u>allowed amount</u>, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the <u>allowed amount</u> is \$1,000, you may have to pay the \$500 difference. (This is called <u>balance billing</u>.)
- This plan may encourage you to use Network **providers** by charging you lower **deductibles**, **copayments** and **coinsurance** amounts.

Common Medical Event	Services You May Need	Your Cost If You Use a Network Provider	Your Cost If You Use a Non-Network Provider	Limitations & Exceptions
	Primary care visit to treat an injury or illness	<b>0</b> % Coinsurance	30% Coinsurance	none
	Specialist visit	<b>0</b> % Coinsurance	<b>30%</b> Coinsurance	none
If you visit a health care provider's office or clinic	Other practitioner office visit	Chiropractor <b>0%</b> Coinsurance Acupuncturist Not Covered	Chiropractor 30% Coinsurance Acupuncturist Not Covered	Chiropractor Coverage is limited to 12 visits per Benefit Period. Acupuncturistnone
	Preventive care/ screening/immunization	No Cost Share	30% Coinsurance	none
If you have a test	Diagnostic test (x-ray, blood work)	Lab – Office <b>0%</b> Coinsurance  X-Ray – Office <b>0%</b> Coinsurance	Lab – Office 30% Coinsurance X-Ray – Office 30% Coinsurance	none
	Imaging (CT/PET scans, MRIs)	0% Coinsurance	30% Coinsurance	none

Common Medical Event	Services You May Need	Your Cost If You Use a Network Provider	Your Cost If You Use a Non-Network Provider	Limitations & Exceptions
	Generic Drugs	0% Coinsurance/Prescription for Retail 0% Coinsurance/Prescription for Mail Order	<b>30%</b> Coinsurance for Retail	30-day supply for Retail. 90-day supply for Mail Service. Mail Order is Not Covered for Non- Network Providers.
If you need drugs to treat your illness or condition	Preferred Brand Drugs	0% Coinsurance/Prescription for Retail 0% Coinsurance for Mail Order	<b>30%</b> Coinsurance for Retail	30-day supply for Retail. 90-day supply for Mail Service. Mail Order is Not Covered for Non- Network Providers.
More information about <b>prescription drug coverage</b> is available at <b>www.anthem.com</b>	Non-preferred Brand Drugs	0% Coinsurance/Prescription for Retail 0% Coinsurance/Prescription for Mail Order	<b>30%</b> Coinsurance for Retail	30-day supply for Retail. 90-day supply for Mail Service. Mail Order is Not Covered for Non- Network Providers.
	Specialty Drugs	0% Coinsurance/Prescription for Retail 0% Coinsurance/Prescription for Mail Order	<b>30%</b> Coinsurance for Retail	none
If you have	Facility fee (e.g., ambulatory surgery center)	0% Coinsurance	<b>30%</b> Coinsurance	none
outpatient surgery	Physician/surgeon fees	<b>0</b> % Coinsurance	<b>30%</b> Coinsurance	none
If you need	Emergency room services	<b>0%</b> Coinsurance	<b>0</b> % Coinsurance	none
immediate medical attention	Emergency medical transportation	0% Coinsurance	0% Coinsurance	none
	Urgent care	<b>0</b> % Coinsurance	<b>0</b> % Coinsurance	none
If you have a hospital stay	Facility fee (e.g., hospital room)	0% Coinsurance	<b>30%</b> Coinsurance	none
	Physician/surgeon fee	<b>0</b> % Coinsurance	<b>30%</b> Coinsurance	none

Common Medical Event	Services You May Need	Your Cost If You Use a Network Provider	Your Cost If You Use a Non-Network Provider	Limitations & Exceptions
	Mental/Behavioral health outpatient services	Mental/Behavioral Health Office Visit 0% Coinsurance Mental/Behavioral Health Facility Visit – Facility Charges 0% Coinsurance	Mental/Behavioral Health Office Visit 30% Coinsurance Mental/Behavioral Health Facility Visit – Facility Charges 30% Coinsurance	none
If you have mental health, behavioral	Mental/Behavioral health inpatient services	0% Coinsurance	<b>30%</b> Coinsurance	none
health, or substance abuse needs	Substance use disorder outpatient services	Substance Abuse Office Visit  0% Coinsurance Substance Abuse Facility Visit – Facility Charges  0% Coinsurance	Substance Abuse Office Visit 30% Coinsurance Substance Abuse Facility Visit – Facility Charges 30% Coinsurance	none
	Substance use disorder inpatient services	<b>0</b> % Coinsurance	<b>30%</b> Coinsurance	none
	Prenatal and postnatal care	<b>0%</b> Coinsurance	<b>30%</b> Coinsurance	none
If you are pregnant	Delivery and all inpatient services	0% Coinsurance	30% Coinsurance	Applies to inpatient facility. Other cost shares may apply depending on the services provided.

Common Medical Event	Services You May Need	Your Cost If You Use a Network Provider	Your Cost If You Use a Non-Network Provider	Limitations & Exceptions
	Home health care	0% Coinsurance	30% Coinsurance	Coverage is limited to 100 visits per Benefit Period combined Network and Non Network Providers.
If you need help recovering or have	Rehabilitation services	0% Coinsurance	30% Coinsurance	Coverage is limited to 20 visits per Benefit Period for each Occupational Therapy, Physical Therapy and Speech Therapy.
other special health needs	Habilitation services	0% Coinsurance	30% Coinsurance	Habilitation visits count towards your Rehabilitation limit.
	Skilled nursing care	0% Coinsurance	30% Coinsurance	Coverage is limited to 90 days per Benefit Period.
	Durable medical equipment	0% Coinsurance	<b>30%</b> Coinsurance	none
	Hospice service	<b>0</b> % Coinsurance	<b>0</b> % Coinsurance	none
If your child needs	Eye exam	No Cost Share	30% Coinsurance	Coverage is limited to one Routine Eye Exam per Person per Benefit Period.
dental or eye care	Glasses	Not Covered	Not Covered	none
	Dental check-up	Not Covered	Not Covered	none

#### **Excluded Services & Other Covered Services:**

#### Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)

- Bariatric surgery
- Cosmetic surgery
- Dental care (Adult)

- Hearing aids
- Infertility treatment
- Long-term care

- Routine foot care (Unless you have been diagnosed with diabetes. Consult your formal contract of coverage.)
- Weight loss programs

### Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

- Acupuncture
- Chiropractic care

- Most coverage provided outside the United States. See
   www.bcbs.com/bluecardworldwide
- Private-duty nursing

• Routine eye care (Adult)

#### **Your Rights to Continue Coverage:**

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a premium, which may be significantly higher than the premium you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact the plan at 1-800-295-4119. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or <a href="https://www.dol.gov/ebsa">www.dol.gov/ebsa</a>, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or <a href="https://www.cciio.cms.gov">www.cciio.cms.gov</a>.

#### **Your Grievance and Appeals Rights:**

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to <u>appeal</u> or file a <u>grievance</u>. For questions about your rights, this notice, or assistance, you can contact:

Anthem BlueCross BlueShield ATTN: Appeals P.O. Box 105568 Atlanta, GA 30348-5568 State of Indiana Department of Insurance 311 W. Washington Street, Suite 300, Indianapolis, Indiana 46204 (800) 622-4461 or (317) 232-2395

Or Contact:

Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform

#### **Does this Coverage Provide Minimum Essential Coverage?**

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage." **This plan or policy <u>does</u> provide minimum essential coverage**.

#### **Does this Coverage Meet the Minimum Value Standard?**

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). **This** health coverage <u>does/does not meet</u> the minimum value standard for the benefits it provides.

#### **Language Access Services:**

Si no es miembro todavía y necesita ayuda en idioma español, le suplicamos que se ponga en contacto con su agente de ventas o con el administrador de su grupo. Si ya está inscrito, le rogamos que llame al número de servicio de atención al cliente que aparece en su tarjeta de identificación.

如果您是非會員並需要中文協助,請聯絡您的銷售代表或小組管理員。如果您已參保,則請使用您 ID 卡上的號碼聯絡客戶服務人員。

Kung hindi ka pa miyembro at kailangan ng tulong sa wikang Tagalog, mangyaring makipag-ugnayan sa iyong sales representative o administrator ng iyong pangkat. Kung naka-enroll ka na, mangyaring makipag-ugnayan sa serbisyo para sa customer gamit ang numero sa iyong ID card.

Doo bee a'tah ni'liigoo eí dooda'í, shikáa adoolwol íínízinigo t'áá diné k'éjíígo, t'áá shoodí ba na'alníhí ya sidáhí bich'į naabídíílkiid. Eí doo biigha daago ni ba'nija'go ho'aalagíí bich'į hodiilní. Hai'daa iini'taago eíya, t'áá shoodí diné ya atáh halne'ígíí ní béésh bee hane'í wólta' bi'ki si'niilígíí bi'kéhgo bich'į hodiilní.

To see examples of how this plan might cover costs for a sample medical situation, see the next page.——

# **About these Coverage Examples:**

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



# This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

#### Having a baby

(normal delivery)

■ Amount owed to providers: \$7,540

Plan pays: \$4,390Patient pays: \$3,150

#### Sample care costs:

Hospital charges (mother)	\$2,700
Routine obstetric care	\$2,100
Hospital charges (baby)	\$900
Anesthesia	\$900
Laboratory tests	\$500
Prescriptions	\$200
Radiology	\$200
Vaccines, other preventive	\$40
Total	\$7,540

#### Patient pays:

Deductibles	\$3,000
Copays	\$0
Coinsurance	\$0
Limits or exclusions	\$150
Total	\$3,150

#### **Managing type 2 diabetes**

(routine maintenance of a well-controlled condition)

■ Amount owed to providers: \$5,400

Plan pays: \$2,320Patient pays: \$3,080

#### Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
Total	\$5,400

#### Patient pays:

Deductibles	\$3,000
Copays	\$0
Coinsurance	\$0
Limits or exclusions	\$80
Total	\$3,080

#### Questions and answers about the Coverage Examples:

# What are some of the assumptions behind the Coverage Examples?

- Costs don't include <u>premiums</u>.
- Sample care costs are based on national averages supplied by the U.S.
   Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from innetwork <u>providers</u>. If the patient had received care from out-of-network <u>providers</u>, costs would have been higher.

### What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how <u>deductibles</u>, <u>copayments</u>, and <u>coinsurance</u> can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

## Does the Coverage Example predict my own care needs?

No. Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

## Does the Coverage Example predict my future expenses?

No. Coverage Examples are not cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your providers charge, and the reimbursement your health plan allows.

## Can I use Coverage Examples to compare plans?

Yes. When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

# Are there other costs I should consider when comparing plans?

Yes. An important cost is the premium you pay. Generally, the lower your premium, the more you'll pay in out-of-pocket costs, such as copayments, deductibles, and coinsurance. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.